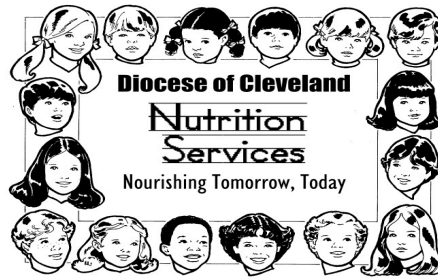


Lunch Includes:

- *Main Item
- *Vegetable Side
- *Fruit Side
- *1/2 Pint Milk



LUNCH Menu

Correspond the cycle week to the color-coordinated calendar below.

January-May 2021

| CYCLE WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------|--|---|--|---|---|
| 1 | Riblets with a Roll Seasoned Potato Wedges Seasonal Fresh Fruit | Chicken Patty on a Bun Baked Beans <i>and</i> Tossed Garden Salad Applesauce Cup | Hamburger / Cheeseburger on a Bun French Fries Mixed Fruit | Chicken Tenders Broccoli <i>and</i> Tossed Garden Salad Fruit Cup | Cheese Stuffed Breadsticks with Dipping Sauce Carrots Seasonal Fresh Fruit |
| 2 | Chicken Nuggets with a Roll Mixed Veggies Fruit Yogurt Parfait | Mini Corn Dogs Green Beans <i>and</i> Tossed Garden Salad Seasonal Fresh Fruit | French Toast Sticks with Syrup Tater Tots Strawberry Cup | Chicken Patty on a Bun Baked Beans <i>and</i> Tossed Garden Salad Seasonal Fresh Fruit | Stuffed Crust Cheese Pizza Carrot Sticks with Dip Fruit Cup |
| 3 | Personal Pepperoni Pizza Carrots Sticks with Dip Seasonal Fresh Fruit | Popcorn Chicken and a Breadstick Corn <i>and</i> Tossed Garden Salad Pears | Hot Dog on a Bun Baked Beans Applesauce | Chicken Tenders Potato Smiles <i>and</i> Tossed Garden Salad Peaches | Mozzarella Sticks with Dipping Sauce Green Beans Seasonal Fresh Fruit |
| 4 | Riblets with a Roll Baked Beans Seasonal Fresh Fruit | Fiestada Pizza Carrots <i>and</i> Tossed Garden Salad Mixed Fruit | Popcorn Chicken with a Breadstick French Fries Applesauce Cup | Hamburger / Cheeseburger on a Bun Broccoli <i>and</i> Tossed Garden Salad Peaches | Mac & Cheese with a Pretzel Rod Mixed Veggies Seasonal Fresh Fruit |

Substitutions of items may be necessary.

This institution is an equal opportunity provider.

January 2021

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

February 2021

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| 31 | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | | | | | | |

March 2021

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

April 2021

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 1 |

May 2021

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | 2 | 3 | 4 | 5 | 6 | 7 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

Week 1 Meal Plan
 Week 2 Meal Plan
 Week 3 Meal Plan
 Week 4 Meal Plan